

Lou Farley, Ph.D., LPC, NCC  
410 Grand Ave., Ste. 307  
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## Curriculum Vitae

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### EDUCATION

- **Counselor Education and Supervision**, University of Wyoming, Laramie, WY, Ph.D., December 2000.
- **Counselor Education**, University of Wyoming, Laramie, WY, M.A., May 1985.
- **Teaching Certificate**, Wyoming, Psychology, University of Wyoming, Laramie, WY, May 1985.
- **Sociology**, University of Wyoming, Laramie, Wyoming, BA. High Honors, May, 1982.

### WORK EXPERIENCE

**PRIVATE PSYCHOTHERAPIST**- Laramie, Wyoming. Providing full-time individual, group, marital and family therapy for clients seeking private, EAP and contracted counseling. Areas of expertise: death and dying, existential concerns, depression, anxiety, anger management, family, marital, child development, cross-cultural issues, spirituality and suicidality. Involved in program development and implementation of school-based counseling services for IEP (Individual Education Plan) and special needs students. April 1991 to present.

**EDUCATIONAL CONSULTANT**- Northern India and Nepal. Traveling to, and consulting with, professional educators in Tibetan refugee camps in India and Nepal as well as Buddhist monastic leaders in Northern India regarding child development, classroom management skills, educator-student relationships, elimination of corporal punishment as a disciplinary and motivational technique when dealing with mis-behaving and/or under-performing students, integrating traditional Buddhist values in Tibetan classrooms and the elimination of bullying in educational environments. August 2008 to present.

**MUNICIPAL CRITICAL INCIDENT DEBRIEFER**- Laramie, WY. Providing debriefing services to city employees involved in traumatic, critical incidents. June 2004 to present.

**CRISIS MANAGEMENT TEAM MEMBER**- Laramie, WY. Assist in the development, implementation and assessment of programs intended to support students, faculty and

administration in coping with high-stress, crisis situations e.g., local, regional or national disasters. Laramie High School. August 2004 to 2010.

**TEACHER TRAINER-** McLeod Ganj, Dharamsala, India. College for Higher Tibetan Studies, Institute of Buddhist Dialectics. Develop, teach and assess classes of Child Development and Classroom Management for Tibetan Teachers-in-Training, integrating Western educational psychology and a traditional Buddhist understanding of human development and education. March 2008 to Present.

**ORGANIZATIONAL CONSULTANT-** Laramie, Wyoming. Presenting didactic and experiential workshops encouraging motivation, effective communication, problem-solving skill development, conflict resolution and consensus building with private and public companies and institutions. 1987 to Present.

**RED CROSS 9/11 VOLUNTEER-** New York, New York, Ground Zero. Counseled with individuals removing the rubble on a daily basis, de-briefed teams of professionals offering support to the removal teams, de-briefed with our mental health team. October 17 to October 31, 2001. Continued to counsel/consult with Red Cross personnel as requested. October 2001 to September 2005.

**INDIVIDUAL, CHILD AND FAMILY THERAPIST-** Southeast Wyoming Mental Health Center; Laramie, Wyoming. Job responsibilities included individual, child, group, marital and family therapy; three-quarter time focused on adult individual counseling; on-call duty; lead Active Parenting group; active member of the Albany County Child Protection Team. Medicaid Coordinator for the Mental Health Center. September 1988 to April 1991.

**GUIDANCE COUNSELOR-** Glenrock Middle School- Glenrock, Wyoming. Responsible for counseling students individually and in small groups dealing with social/familial, emotional and academic issues. Developed, coordinated and taught classes concerning family dynamics, peer influences, drug abuse, healthy sexuality and career development. Counseled staff members concerning emotional, familial and professional issues. August 1985 to September 1987.

## **BOARDS**

**ALBANY COUNTY SCHOOL DISTRICT #1 BOARD OF EDUCATION:** Laramie, Wyoming. Elected trustee of the Albany County School Board. December, 2010 to December, 2014.

**MENTAL HEALTH LICENSING BOARD:** Cheyenne, Wyoming. Licensed Professional Counselor Representative for the Licensing Board. Vice-chair. March, 2002 to May, 2005 .

## **CERTIFICATIONS**

Certified School Counselor, State of Wyoming, 1985-1990.  
Licensed Professional Counselor, State of Wyoming, 1988-Present (#124).  
National Certified Counselor 1998-Present

## **PUBLICATIONS**

SPARKE: Into the Students' World (Supporting Positive Alternatives for Raising Kindness in Education). Dehradun, India for SOIR-IM. Publication and distribution date: December, 2014. Distributed to the Tibetan Department of Education in Dharamsala, India and the schools throughout the Tibetan refugee education system in India and Nepal.

Rocky Mountain Association of Physical Plant Administrators of Universities and Colleges Annual Conference 1991.

## **GRADUATE TEACHING EXPERIENCE**

Counseling Ethics and Issues	Diagnosis and Assessment
Group Process	Graduate Practicum (Adjunct)
Seminar in Management/Consultation	Career Counseling
Professional Leadership and Consultation (Adjunct)	Fundamentals of Counseling
Family Counseling: Theory and Practice (Adjunct)	
Counseling Theories (Adjunct)	
Doctoral Practicum (Adjunct)	

## **INTERNATIONAL PRESENTATIONS**

Martinez, G., Farley, L. (2006). "Native American Spiritual Practices". Presentation at the Parimal Meditation Community of the philosophy, history and methods of Native American shamanism and spirituality, Parimal, Germany.

## **NATIONAL PRESENTATIONS**

Becker, K., McGriff, D., Davidson, L., Farley, L., Mance, N., Odell, T., & Schaeffer, S. (1999). "Boundaries, Boundaries Everywhere!". Presentation at the national conference of the American Association of Counselor Educators and Supervisors, New Orleans, LA.

Dahlen, P., Schaeffer, S., Farley, L., Seto, A. (1999). "Poetry and Empathy Development with Counselors-In-Training". Presentation at the national conference of the American Association of Counselor Educators and Supervisors, New Orleans, LA.

Farley, L. (1991-1996). Presentations addressing career development, effective professional communication patterns, team building and conflict resolution at national conferences of the Association of Physical Plant Administrators.

### **REGIONAL PRESENTATIONS**

Farley, L. (2013). "Cross-cultural counseling: Learning from Asia". Presentation at the Wyoming Counseling Association Annual Conference, Casper, WY.

Farley, L. (2012). "Integrating Buddhist Psychology into Psychotherapy". Presentation at the Wyoming Counseling Association Annual Conference, Casper, WY.

Farley, L. (2008). "Magic in the Mirror". Keynote presentation to the Soroptomist Regional Conference, Laramie, WY.

Farley, L. (2008). "Animal Portraits". Presentation at the Soroptomist Regional Conference, Laramie, WY.

Farley, L. (2005). "Drinking Nietzsche". Presentation at the Wyoming Counseling Association Annual Conference, Casper, WY.

### **Community Presentations**

Farley, L. (2009 to present). Buddhist Psychology. Community-oriented classes, Laramie, WY.

Farley, L. (2009). "Buddhism: Happiness and the Twelve Links of Dependent Origination". Class for the UW Outreach School, Center for Conferences and Continuing Education, Laramie, WY.

Farley, L. (2009). "Buddhism: Happiness and the Six Perfections". Class for the UW Outreach School, Center for Conferences and Continuing Education, Laramie, WY.

Farley, L. (2008). "Buddhism: The Emptiness of Suffering". Class for the UW Outreach School, Center for Conferences and Continuing Education, Laramie, WY.

Farley, L. (2008). "Introduction to Buddhism". Class for the UW Outreach School, Center for Conferences and Continuing Education, Laramie, WY.

Farley, L. (1988-2003). Monthly local radio talk show focusing on issues of human growth and development, self-esteem building and family life, Laramie, WY.

## **Professional Affiliations**

American Counseling Association

Wyoming Counseling Association

Association for Spiritual, Religious and Ethical Values in Counseling. 2008 to 2014.

Association for Counselor Education and Supervision. 2000 to 2008.

Rocky Mountain Association for Counselor Education and Supervision. 2000 to 2008.