

Southwestern Comfort Counseling Center, P.C.

Where you receive good old fashion care with a holistic approach.

Wendy S. Gersing, Psy.D.DABPS

Licensed Clinical Psychologist

Diplomat of ABPS

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Wendy S. Gersing, PsyD.DABPS

Licensed Clinical Psychologist

Diplomat of ABPS (American Board of Psychological Specialties)

EMDR Treatment (Eye Movement Desensitization & Reprocessing)

EAP Certified (Equine Assisted Psychotherapy)

Mindfulness/Nutrition/ Holistically Trained

Personal Trainer/Aerobic Instructor

Expert Forensic Witness

Love & Logic Parent Facilitator

APA/WPA member (in good standing)

National Practitioner Data Bank (in good standing)

PROFESSIONAL EMPLOYMENT/SELECTED ACCOMPLISHMENTS

PRIVATE CLINICAL PRACTICE

1995 – Present

Providing comprehensive psychotherapy and psychological evaluations to individuals, couples and families. We develop and conduct educational groups including team building; assertiveness training; compassion fatigue; complex trauma recovery; professional burnout; mindfulness; anger management; relationship issues, and parenting of high risk children. Specialties include, but are not limited to: survivors of trauma and abuse; unresolved loss and bereavement issues; traumatic brain injuries; adults and children with ADHD, and Autism Spectrum; and adults with severe mental disorders and their families.

Our office is trained in Alternative Holistic techniques and approaches to nutrition, mindfulness and exercise as a component to a healthier mind and body connection. I am a nationally certified personal trainer and aerobic instructor; I am a parent trainer/facilitator for the Love and Logic Institute in Golden Colorado, and offer frequent parent training clinics. I am trained in EMDR. Our office can also provide EAGALA (Equine Assisted Growth And Learning Activities), EAP (Equine Assisted Psychotherapy) in selected therapeutic sessions. Equine Assisted Psychotherapy is an emerging field in which horses are used as a tool for emotional growth and learning. EAP is a powerful and effective therapeutic approach that has an incredible impact on individuals, youth, families and groups.

EAP addresses a variety of mental health and human development needs, including trauma; TBI (Traumatic Brain Injury); behavioral issues; relationship problems; attention deficit disorder; substance abuse; eating disorders; abuse issues; depression; anxiety; and communication needs. Because of its intensity and effectiveness, it is considered a short-term or 'brief approach. (See EAGALA.org for further information.)

Scope of work also includes providing psychological services to the following agencies:

- * Sinclair Refining Company (PTSD, Complex Trauma, Compassion Fatigue)
- * Department of Vocational Rehabilitation
- * Social Security Determination for the Wavier Program and Disability Program
- * Department of Family Services
- * Victim Advocacy and Cove (Citizens Organized to see Violence Ended)
- * Court Ordered Drug & Alcohol Evaluations
- * Expert Witness in Child Abuse Cases
- * Forensic Evaluations for the Wyoming State Penitentiary – Parole Board
- * Carbon County Child Development – EAP Workshops
- * Consultant and Staff at Carbon County Memorial Hospital

Current Certifications/Trainings

- | | |
|---|------|
| * Using the DSM-5 | 2012 |
| * Non Medication Treatments for ADHD | 2012 |
| * Nutritional & Complementary Treatment for Mental Health Disorders | 2012 |
| * Explosive, Challenging & Resistive Kids | 2012 |
| * Compassion Fatigue | 2012 |
| * Cognitive Behavioral Therapy and Mindfulness | 2012 |
| * Reactive Attachment Disorder | 2011 |
| * Risk Management for Clinicians | 2010 |
| * Treating Trauma & Attachment Issues in Children And Families | 2010 |
| * Personality Disorders in Social Work and Health Care | 2008 |
| * Autism Spectrum Disorders & Disorders of Behavior And Attention | 2008 |
| * Wyoming Brain Injury Association | 2006 |
| * EAP Certified (Equine Assisted Growth & Learning Activities | 2005 |
| * Bipolar Disorder & Major Mood Disorders in Youth and Adults | 2005 |

Associations/Accomplishments

- * VIP Member of Manchester's Who's Who Among American Psychologists
- * Member of Cambridge Who's Who Among Executive and Professional Women, Honors Edition
- * Member of the American Biographical Institute's Professional Women's Advisory Board
- * Member of America's Registry of Outstanding Professionals
- * Member of American Psychological Association
- * Member of Wyoming Psychological Association
- * Member of National Association of Counsel for Children
- * Member of the American Professional Society on the Abuse of Children (APSAC)
- * National Practitioner Data Bank – In Good Standing
- * Certified Cognitive Behavioral Therapist
- * Certified Addiction Specialist – Alcohol & Drugs
- * National Register of Infertility Evaluations
- * National Association of Professional Women
- * Great Women of the 21st Century

SNOWY RANGE CONSULTING, Rawlins, WY
Mark J. Watt, Ph.D. J. D.

October 1998 – October 2000

Participating site for the National Health Service Corps for Carbon and Albany counties. Provided contracts for psychological services with Carbon County School Districts. Performed psychological evaluations for Social Security. Determination and Department of Vocational Rehabilitation throughout the state of Wyoming. Provided specific trauma and abuse therapy to clients of Cove and Victims Services. Participated in forensic evaluations for Carbon and Albany county courts and local law offices. Provided consultation to the Department of Family Services as well as providing psychotherapy to identified clients. Served as Expert Witness for abuse cases.

OUTREACH BROWARD, Fort Lauderdale, FL
Clinical Director: Dr. Sheri Abercrombie

1992 – 1998

Director of Admissions and Evaluations (11/95 – 4/98)

Coordinated admissions process to Outreach Broward's seven juvenile residential treatment homes, which included two homes for juvenile delinquents and incompetence cases and two homes for severely emotionally disturbed adolescents. Completed extensive comprehensive assessments and psychosocial on each potential client and their families. Coordinated community resources with the client's caseworkers, legal guardian et litem, school

officials and/or current residential professionals. Administered Florida regulated testing packets. Attended/presented in Grand Rounds and In Service Training.

- * Improved communication between community professionals and agencies
- * Revised Admissions process to expedite appropriate placement
- * Provided juvenile assessments for County Court Judges

Senior Clinical Therapist for Susan B. Anthony (SBA) (11/95 – 4/98)

Provided intensive individual therapy, group therapy, and substance prevention/relapse and parent training to a unique residential program serving women of diversified population in recovery, to include those diagnosed with HIV, and their children. Coordinated and conducted clinical meetings, staff education and training on clinical issues. Supervised doctoral students and facilitated in the training of undergraduates.

- * Facilitated in the development and implementation of the clinical components
- * Improved communication/educational between interdisciplinary team members, consequently lowering relapse in client population and bolstering successful graduation and family unity.
- * Provided assessments and reports for child custody to Court Judges

Program Therapist: Twig South, Solomon Center for Boys, & Twig Transitional (1992 – 1995)

Primary therapist for male adolescent residential treatment facilities with an interdisciplinary team approach combining a strong clinical component with a family teaching behavioral model. Performed bi-weekly individual therapy and weekly group therapy. In conjunction with the teaching staff, consultant, and clinical director, provided individualized treatment plans, goals, and potential discharge placements for each client and their family. Completed quarterly reports, school medical and behavioral update reports and administered psychological testing and evaluation. Attended and presented at the Committee Review Boards, Court Reviews and HRS hearings for Outreach placed youths.

In Home Service Therapist (1994 – 1995)

Delivered aftercare therapy for discharged adolescents and their families during transitional phase and one-year follow up.

- * Developed new service that resulted in successful reintegration of families in their home environment.